Adult Sports







Adult Leagues

(619) 691-5269

Ted Nelson, Recreation Supervisor III Tim Farmer, Recreation Supervisor II

Registration will be held at the Montevalle Recreation Center for the following leagues on the dates indicated. Informational meetings will be held after the registration period. Individual players may contact the Athletics office to be included on a player referral list given to teams needing players. Placement is not guaranteed, but every effort will be made to place interested individuals on teams. Note: league entry fees subject to change.

Co-ed, Men's, and Women's Slow-Pitch Softball

Registration begins August 7, 2006

Games played weeknights at Veterans, Discovery, Eucalyptus, Rohr, Montevalle, and Chula Vista Community Parks beginning the week of October 2, 2006.

Entry Fees: per team 8-10 game schedule \$380 Resident \$500 Non-Resident

Men's 5-on-5 Flag Football

Registration begins August 7, 2006 Games will be played Tuesday nights under the lights at Montevalle Park beginning October 3, 2006.

Entry Fees: per team 8-10 game schedule \$300 Resident \$410 Non-Resident



Men's Fall Basketball

Registration begins August 7, 2006 Games will be played at the Montevalle Recreation Center on Wednesday evenings beginning October 4, 2006.

Entry Fees: per team 8-10 game schedule includes referees \$410 Resident \$515 Non-Resident

40+ Men's Fall Basketball

Registration begins August 7, 2006 Games will be played at the Salt Creek Recreation Center on Wednesday evenings beginning October 4, 2006.

Entry Fees: per team 8-10 game schedule includes referees \$410 Resident \$515 Non-Resident

Co-ed Fall Volleyball

Registration begins August 7, 2006 Games will be played at the Salt Creek Recreation Center on Tuesday evenings beginning October 3, 2006.

Entry Fees: per team 8-10 game schedule includes official \$180 Resident \$210 Non-Resident

Men's, Women's, and Co-Ed Arena Soccer

Registration begins August 7, 2006 Games will be played at the Salt Creek Community Center Soccer Arena beginning October 2, 2006.

Entry Fees: per team 8-10 game schedule \$400 Resident \$460 Non-Resident

Co-Ed Kickball

Registration begins August 7, 2006 Come play the game you fell in love with in elementary school. Games will be played at Discovery Park on Tuesday

Entry Fees: per team 8-10 game schedule includes umpire \$300 Resident \$420 Non-Resident

nights beginning October 3, 2006.

Adult Dodgeball

Registration begins August 7, 2006

Join the hottest craze in America and get ready to dodge, dive, dip, duck, and dodge. Games will be played on Monday nights at the Montevalle Community Center beginning October 2, 2006.

Entry Fees: per team
16-20 game schedule includes officials
\$180 Resident \$210 Non-Resident

Senior Softball

Softball activities for players ages 50 and older are conducted weekly at Eucalyptus Park, located at Fourth Avenue and C Street.

Practice 50 and over

Mon 9:00 am - 12:00 pm

Competitive League 55 and over
Tue, Fri 9:00 am - 12:00 pm

Recreational League 50 and over

For further information, please call Roger Delisle at 422-4551.

Walking/Running Club at City Parks

A variety of walking/running courses in the City have been mapped out. Choose a City Park to walk/run in. We will provide a map with mileage markers. Walkers and runners are encouraged to time their courses and complete them in progressively faster times.

Examples of courses: Rohr Park, Sunset View Park, Discovery Park, Bonita Long Canyon, Explorer Park, Marisol Park, Sunbow Park, Sunridge Park, Santa Venetia.

All ages are welcome to participate. Report your mileage to Parkway Gym.